

# ZEN The E-Newsletter

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# **Principal's Message**



Dear Readers,

Happiness is in the air. The much awaited summer holidays are here again.

Session 2018-19 had been a busy year with some new beginnings. This year witnessed ZyConfluence.

A two-day exhibition 'Science in Daily Life' was held for students of both the campuses. This gave students an opportunity to showcase their understanding of Science in form of projects and models. There were approximately 300 projects and models. The objective of the confluence was to acquaint students and help them create an understanding of Science in daily life. These efforts received appreciation from one and all who attended the confluence.

The Teacher's ZyConfluence held from April 30th to May 2nd 2019 brought teachers of both the campuses together to share their best teaching practices.

Dear children, summer holidays are time for relaxation and recreation. It is a time filled with enthusiasm to explore, travel and learn. Besides relaxing, you should keep in mind to complete the assigned work in a well planned manner.

Rene Descartes has quoted, "The reading of all good books is like a conversation with the finest minds of past centuries." I advice you all to make books your companion and make constructive use of your free time.

Wishing all my children and staff a safe, constructive and rejuvenating summer vacations !

God bless,

Ms. Alka Murthy

# Zydus on the Go

#### **Heritage Fest**

The Heritage Fest is the grandest Inter-school cultural extravaganza. The Hare Krishna mandir has been organising this kind of competition for the past few years.

It was a great opportunity for the students of Zydus School for Excellence to participate in such a prestigious cultural fest where there were 4700 participants. It is entertaining and enlightening cultural carnival of contests for children. This was hosted by the Hare Krishna Mandir from June to December 2018 in 4 zones- Gandhinagar, CG Road, Vatva and Harekrishna Mandir. There were 32 different competitions. 80 Students from our school had participated & won laurels in various competitions.

The prize distribution ceremony was held on 16<sup>th</sup> February 2019 at Hare Krishna Mandir in Bhadaj.

SN	Class	Student	Prize	Event Name
1.	VI	Meral Das	3	Hand Writing
2.	VIII	Anoli Shah	2	Hand Writing
3.	Х	Tulsi Joshi	1	Drawing and Painting
4.	VI	Ansh Gupta	1	Poetry Composition
5.	V	Priyanshi Shah	2	Poetry Composition
6.	IV	Tavishi shah	1	Vocal music
7.	VIII	Hitharth Bhatt	2	Vocal Music
8.	Х	Yashika Singla	1	Mono acting
9.	VI	Darsh	1	Krishna Quiz
10.	VI	Ansh	1	Krishna Quiz
11	VI	Каvya	1	Krishna Quiz
12.	VIII	Subhojit RoyChoudhary	2	Krishna Quiz
13.	VIII	Harshita Joshi	2	Krishna Quiz
14.	VIII	Anoli	2	Krishna Quiz

# Heritage Fest Photographs



#### MaRRS Spell Bee

MaRRS Spell Bee competition was held in the month of November 2018.

It initiates the students into the world of competitive learning. The healthy competitive spirit motivates the students to learn on their own without any compulsion. It builds self-confidence and helps them to reach their full potential. The game and activity based nature of competition ensures the students rapt attention.

Student	Class
Harshit Baxi	I
Raghav Dalal	II
Khanak Agarkar	IV
Hreeday Dave	VI



#### **National Aptitude Test**

The National Aptitude test is an examination that measures the Japanese language ability of the students, who are not native speakers. The general ability is measured in three categories all over the world. This certificate offers various advantages ranging from Academic Credit and Graduation Certification at schools to preferential treatment at companies and acknowledgement in the society. Dwij Dave of class VIIC received the certificate of proficiency in the Japanese language. He excelled by securing 96 percent-B grade. This test included reading, writing, vocabulary and listening. As per verbal communication with the authorised person, he is the youngest candidate who has passed NS level in the Gujarat state. This test was held on 25<sup>th</sup> December 2019.



#### **National Creativity Olympiad 2018**

National Creativity Olympiad presents a unique opportunity for the students to become a part of the Pan India Creative Aptitude Test. The National Creativity Olympiad has been designed to make students aware of the importance of creative thinking and to encourage them to use the same for various problem-solving exercises.

In the school level exam the following students won badges for their achievements.

Rank	Class V	Class VI
1 <sup>st</sup>	Takshil Dalal	Jinay Shah
2 <sup>nd</sup>	Bhakti Gosai	Deepam Raval
3 <sup>rd</sup>	Shayan Patel	Aarav Gupta

The winners of National Level Online Examination are as follows:

Name	Rank	Prize Amount
Jinay Shah	3 <sup>rd</sup> in Class VI	Rs. 7,000
Takshil Dalal	6 <sup>th</sup> in Class V	Rs. 1,000
Shayan Patel	13 <sup>th</sup> in Class V	Rs. 1,000
Deepam Raval	18 <sup>th</sup> in Class VI	Rs. 1,000
Tithi Modi	17 <sup>th</sup> in Class VII	Rs. 1,000
Jyot Kikani	16 <sup>th</sup> in Class VIII	Rs. 1,000

#### ZYDUS SCHOOL FOR EXCELLENCE



#### Handwriting Olympiad

Following students are selected for the Grand Finale Hand Writing Olympiad which will be conducted in Indore on 26<sup>th</sup> May, 2019.

Sr.No.	Name	Class
1	Aryan Katariya	IV – State Champion(Directly selected for Final)
2	Merel Das	VI
3	Riddhi Bobda	IX
4	Kalgi Mehta	VII
5	Pal Sodagar	VIII
6	Jiya Shah	VII
7	Vansh Shah	IV

All the best to the participants.

#### Silver Zone

Silver zone aims in promoting competitive awareness of academics among school children by conducting international Olympiads globally.

The Silver zone Olympiads claims to create an opportunity for students to compete and climb the various levels of competitive exams at national and international levels.

Class	Name	Medal
VI	Ikshwa Shah	Gold
VI	Darsh soni	Silver
VII	Dwij Dave	Silver
VII	Shaswat Shah	Gold
VII	Mihika Chokhadia	Bronze
VIII	Aashna Kanodia	Silver
VIII	Kaashvi Mehta	Bronze
VIII	Jyot Kikani	Gold



#### **Cooking Achievement**

Juhi Shah of class XII won the city finals in International Institute of Hotel Management held on 30<sup>th</sup> March, 2019 and has been selected for state level cooking competition which will be held on 10th April, 2019 in Pune. She has been selected as a Young Chef City finalist.



#### Sare-Ga-Ma-Pa-Song Competition

It is indeed a matter of great pride to state that a student of Zydus School for Excellence had participated in the Sa-re ga ma Competition. Shreeja Pathak had secured the second rank in the finale. She had won a gift voucher of 50,000 rupees that included three days and two nights of boarding and lodging at Goa with her parents.

#### Vanyajeevan Exam

Hitarth Patel of Class VI stood third in the country in the Vanyajeeva exam-2018-19 conducted by the Indian Centre for Wildlife and Environmental Studies in South Asia Region (ICWESSAR). He was awarded Vanyajeeva Ratna Bronze Medal.



#### **Book Mark Making Competition**

Art is creativity and splash of colours to make the world a beautiful place to stay in. Making bookmarks is a motivational move for students to read more.

Priyanshi Shah of class V had participated in the Book Mark making competition which was held on 26<sup>th</sup> January 2019 at Crossword wherein she bagged the second prize.

#### **Baby League Foot Ball Tournament**

Baby League Football Tournament was organised by Indi foot, under the initiative taken by All India Football Federation of India. This tournament had started in October 2018 and ended in December 2018. The All India Football federation gives an opportunity to the students of under 11 category to learn the most popular sport in the world.

Namra Shah of class V got a Gold Medal and received a certificate.

Ishan Godhani of class V was awarded with a certificate for winning the Baby League Tournament, whereas Vihaan Shah of class V had gone to Baroda to participate in Baby League Football match. He was not only awarded the title of the Man of the Match but also bagged a Gold Medal for his performance.





Painting by Yug Bhavsar XB



#### Foot Ball Match

Nivedh Nair of class IV had participated in the Kahani Football League U-9. He won the man of the match as goal keeper in the first half. He had played forward in the second half and hit two goals.

#### **Roller Skating**

Viha Joshi of class IV bagged a Gold Medal in two hours Non-Stop Roller Skating.



#### Karate Association of India

Martial art is a motivational sport learnt enthusiastically by the young students. The Chinese martial art has also inspired the students of our own school to win Silver and Bronze medals.

Priya VenuGopal of class IX bagged a Silver Medal in the national level karate selections. She will be representing Gujarat in the national level at Delhi for the 7<sup>th</sup> time.

Harshvardhan Rathaur of class IX bagged two Silver and two Bronze medals in the Karate Association of India at the State level. He is going to represent Gujarat for the 6<sup>th</sup> year which will be held in Delhi (April-May) for the Asian selection. Harshvardhan Rathaur is a Black Belt.





#### State Level karate

Kriti Ashiya of class V has won a Bronze Medal in the state level karate tournament. It was held in December2018 at Sanskaar Dham School.

#### All India Open Shito Ryu Karate Championship-2019

Hoshvan Jinwala of Class VII represented Gujarat in the 11<sup>th</sup> All India Shito Ryu Karate Championship-2019 held at Vadodara in Februray 2019.

He bagged a Bronze Medal in KATA and also in KUMITE in the Nationals.





#### Shreyas Cup

Namra Shah has not only participated in the Baby League in October 2018 but also in the Shreya Cup Tournament .It is a football tournament that was organized by the Shreyas Foundation, a renowned organization known for its sports activities.

Namra Shah has won a Gold Medal in the Shreyas Cup Football Tournament.

#### **Sports Daily Quiz**

Pratham Bhasin of class VII was one of the top ten winners of Sports Daily Quiz. His name was published in the DNA newspaper



Maitav Soni of class V was awarded a certificate from the prestigious Trinity College of London. He passed with merit in electronic key board.

#### Achievers name list for the year 2018-19

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MaRRS Math Bee			
	Name	Class	
1	Harshit Baxi	I	
2	Kanav Jain	I	
3	Falak Thawani	I	
4	Jay Parekh	П	
5	Virtee Shah	П	
6	Dhyan Gandhi	111	
7	Meghav Ladani	IV	
8	Jyot Kikani	VIII	

	tia	
	Name	Class
1	Angel Shah	Ι
2	Vernica Jain	Ι
3	Navin Nair	III
4	Takshil Dalal	IV
5	Kalgi Mehta	VII
6	Jyot Kikani	VII





	Humming bird spell bee 2018-19				
	Name	Std	Medal		
1	Yug Agrawal		Gold Medal		
2	Preya Vora	I	Silver Medal		
3	Manya Shah		Bronze Medal		
4	Raghav Dalal		Gold Medal		
5	Divit Kakariya		Silver Medal		
6	Jenil Dalki	II	Silver Medal		
7	Karna Dwivedi		Silver Medal		
8	Pramitnil Maiti		Bronze Medal		
9	Navin Nair		Gold Medal		
10	Vedaa Patel		Silver Medal		
11	Anusha Menon		Bronze Medal		
12	Meghav Ladani		Gold Medal		
13	Aaddya Kekre	IV	Silver Medal		
14	Vanshi Desai	IV	Silver Medal		
15	Jalay Trivedi		Bronze Medal		
16	Aarna Khakharia		Gold Medal		
17	Takshil Dalal		Gold Medal		
18	Takshil Shah	V	Silver Medal		
19	Namra Shah	V	Bronze Medal		
20	Tarang Jain		Bronze Medal		
21	Shayan Patel		Bronze Medal		
22	Mihika Chokhdia	VII	Gold Medal		





#### Serenity Library

The students of Photography club from class VI to IX had visited the Serenity library Gandhinagar for clicking photos of nature on 26<sup>th</sup> January, 2019. It was a part of the Photography Club visit. Serenity library is a beautiful place with diversity in flora. It was a very good experience for the students. The teachers accompanied were the Principal ma'am, Shreeja ma'am and Farnaaz ma'am.

#### Session on Road Safety

A session on 'Road Safety' was organised for the students of class VI and VII on 18<sup>th</sup> Feburary, 2019. The resource persons were from an eminent organisation working in the area from many years. They talked to the students about the importance of taking care of themselves and others while on road, also they stressed on the importance of wearing helmets and seat belts. The interactive session was conducted with the help of statistics and video presentations. The enlightening session was followed by videos and question answer session with the students.



#### A Talk on 'Healthy Heart'

A talk by Dr. Shaval Dash on 'Prevention of Heart Disease in young population" for classes VIII to X was addressed to students on 24<sup>th</sup> April, 2019. It was a very informative session.



#### **Inter-house Chess competition**

Inter-house Chess competition was held on 20<sup>th</sup> April, 2019. The students enthusiastically participated in this competition and used various strategies and tactics to emerge victorious. The results are as follows:

Position	Name	Class	House		
	Class VI to VI	I Boys & Girls			
1 <sup>st</sup>	Kritee Shah	VIII B	Karma		
2 <sup>nd</sup>	Marmik Shah	VII C	Dharma		
3 <sup>rd</sup>	Prerak Sanandiya	VIII A	Gyan		
Class IX to XII Boys & Girls					
1 <sup>st</sup>	Raghav Sejpal	IX B	Karma		
2 <sup>nd</sup>	Dev Kothari	ХВ	Bhakti		
3 <sup>rd</sup>	Arya Shah	IX A	Gyan		







### **Play Group in Action**

#### **Field Trips**

The pre-primary students enjoy visiting various places to gain practical knowledge. The Jr. kg children visited the Post office on 8<sup>th</sup> February, 2019 for the reinforcement on the topic - Community Helpers. Children were shown how the postman works in the post office. They also visited various departments and saw how the work is carried out. Children were very curious to see how the stamping was done. Prior to the visit, the children were asked to bring a self-addressed post card with a message written for their parents. Later they happily posted their card in the post box.

The Sr Kg students visited the Fire Station on 12<sup>th</sup> February, 2019 and learnt how to save and protect oneself from fire. It was a part of their curriculum and they learnt about it with great enthusiasm. They gained knowledge about the working of the Fire station and the ways in which a massive fire can be prevented.



#### Various Competitions

The Word Building Competition was held on 27<sup>th</sup> February, 2019 for the students of Jr.Kg. They were given a worksheet for the same where they had to make three letter words out of the given vowels and consonants. The student who made highest words was selected as the Best Performer.

Sr. Kg. Recitation Competition was held on 15<sup>th</sup> September 2018. The judge for the event was Mrs. Anar P. Desai. Children enthusiastically recited the selected poem with proper intonation and gestures. The performers were given certificate and gifts.



#### Sr. KG Convocation Ceremony

Sr. Kg. Convocation Ceremony was on held on 23rd March, 2019. Ms. Prachi Shah, the founder and the owner of "The Milestone Early Child Care School" and a former director of "Little Millennium" was the Guest of Honor.

The ceremony had started with the prayer and then followed by the speech of Principal Ma'am. Class I students presented an instrumental performance followed by dance. Principal ma'am and the Guest of Honor conferred on an academic square and certificate to each students of Sr.Kg. After receiving academic squares and certificates they sang the convocation song. It was moment of pride for students as well as parents.



## **Campus Hullabaloo**

#### **ZyShow – Annual School Exhibition**

Excitement and enthusiasm prevailed on the campus of Zydus School for Excellence, Vejalpur as students once again got an opportunity to showcase their talent and bring to fore their life skill exhibits and models during 'ZyShow', an Annual School Exhibition organized by the School.

The exhibition held at the premises, was a culmination of talent and knowledge acquired during the club activities conducted round the year. It aimed at developing skills for life-long learning.

It was a visual treat for the visitors who walked through the corridors as pictures came alive from the photographs clicked by the Photography club students. The Soft Toys, Needlework and Art section witnessed creativity with a range of adorable soft toys, colorful earrings, embroidered handkerchiefs, lippan art frames, innovative candle stands, decorative bottles, paper mache portraits & animal forms, beautiful best out of waste items. The Carpentry section saw some attractive wooden articles made by students which included table lamps, corner display stands, chairs, tables decorative frames and attractive pen-stands.

The Science section showcased some brilliant and exciting projects through working and nonworking models. The students of Non-Fire Cooking club had their tables laden with mouthwatering snacks which left the visitors craving for more. The students of Quiz, IT, Community Services, Communication Skills & Public Speaking did not leave any area for boredom with their peppy, interesting and informative presentations.

The parents also witnessed fun-filled extravaganza put up by the students of Dance, Drama and Music club activities. Feet tapping musical medley by students of music left the audience mesmerized. Young talents bloomed into a colorful effervescence and with their colourful and bright attires, students put up beautiful fusion dance forms. The drama group of children enthralled the audience with various significant messages.

The year-long effort of the students was definitely worth the visit and it was evident from the large turnout of parents who had not only come to collect academic results, but also were seemingly impressed and elated with the creative work of their children. In order to recognize the efforts of the children and to boost their morale, Proficiency certificates are awarded during the academic session to students who display outstanding performance in the respective club activities.





Avi Dwivedi V A

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ΧВ

#### Amogh - The 11<sup>th</sup> Annual Art Exhibition

Students of Zydus School for Excellence (ZSE) Vejalpur and Godhavi brought canvases alive with their artistic strokes and vivid colour palettes during Amogh – the 11<sup>h</sup> Annual Art Exhibition organized by the school.

The two-day exhibition held on 2<sup>nd</sup> and 3<sup>rd</sup> February at L&P Hutheesingh Visual Art Centre, was a treat for all as young minds of ZSE, who had poured in their imagination on canvasses with their creativity. Splendid work of art was exhibited during the live demonstration which included mug painting, casting, batik, card making. The star attraction of the evening was Sand Art which was also done by students. More than 1100 artworks comprising canvas paintings, decorative pooja thalis, colourful wall clocks, coffee mugs, beautiful flower pots and candle stands prepared by children were on display.

Zydus School for Excellence believes in holistic development of children. Amogh provides a platform for young artists to showcase their talent and hone their skills in the field of Art.



#### Scholar's Trophy for Academic Year 2018-19 (For Classes VI to IX and XI)

The Scholar's Trophy for Academic Year 2018-19 was held on 6<sup>th</sup> April 2019. The function was graced by Mrs. Uma Oza who was invited as the Guest of Honor. The programme began with a prayer and welcoming the Guest of Honor and Parents. This was followed by the welcome address by Principal Ma'am Mrs. Alka Murthy and a speech by Guest of Honor, Mrs. Uma Oza. The awards were handed over by the Guest of Honor and Principal Ma'am respectively.

The function was held to felicitate the Student Council and outstanding performers in Academics and Club Activities for the session 2018-19. The function ended with the vote of thanks addressed by the Deputy Head Girl of our school followed by our school song and the national anthem.

The Scholar's of classes I to V for academic year 2018-19 were felicitated on 9<sup>th</sup> April, 2019 during assembly.

The event was attended by parents, students and art lovers from various fields.



## **Student's Corner**

#### DEAR DAUGHTER

Dear daughter, dear daughter:

You seemed like a dream on the very first day,

But your first charismatic smile swept all feelings away.

As soon as we saw you,

We knew what we had for us - a new hue.

Holding my hand, you took your first step,

Made me rush to drop you at the school, for your preps.

'Papa' was the first word you spoke,

And you grew up poking me with all those jokes.

Dear daughter, dear daughter

I admit today that I didn't understand a single one of them,

But laughed about them to avoid a mayhem.

Well, I would like to apologise to you,

If I have ever bothered you like the flu.

Then you went away,

Making us feel betrayed.

The scent of the only rose we had,

Faded off somewhere making us sad.

Keya Kakkad X B Co-Editor

#### TOMORROW

The past is deep with crimson fire's hue. Of ruby tinted rays of joy, is one more modest, one more quiet, odd and blue. Obtained it was from all the nasty tongues.

Repeat, not ever, those cruel words of yours;

Remove that long hatred from within,

Observe tomorrow's glowing amber cheers, Which marks the unity for coming years.

#### Answer

All queries and questions that I had asked,

Not all were solved, rest were masked...

Still unsolved, yet to be answered laid one,

Which was beyond reason, beyond all cause.

Explained it was by true wisdom for fun,

Reasonably answered that question, without any pause.

- Aryan Tiwari

ΧВ

ETERNAL VOYAGE Sailing on the sea, under that lilac sky; Honourable artisians, painted their life.

That sting of a bee, and the mark of your cry; Life is all about How, not about Why.

You might as well get naked, for your peace of mind; go and seek thy self, amidst that beer and wine.

Sailing on the sea, Under that lilac sky; find your reason to live, bid others a good-bye.

> - Naisarg Shah XII A



Juge.



Jash Bhadreshwara X B

#### **Today's Reality**

Tony Kapoor looked at his Rolex wristwatch. Only twenty minutes were left until his next engagement with the director of a big German company.

Tony was a self made billionaire, one of the richest men of the country. He is the CEO of the most successful company of India, Kapoor Inc. which has about 50000 workers worldwide and about 5 billion dollars revenue .

Tony unlocked his Porsche 718 Boxster and went off zooming to the rendezvous. He had about 15 minutes left so he took a shortcut as he was really concerned about the deal. He didn't pay attention to the fact, that he had a little petrol left. His car stopped at a lonely road. It was dusk, so Tony went outside and sat in the cool evening breeze.

Tony was late for his meeting and he had no hope of calling another car since there was no network. He just sat on the road cursing his bad luck and hoping that he would get another chance to meet the director.

Tony looked around and noticed for the first time, that there was an old man sitting beside him. The old man asked him, "What's the matter with your car, son?"

Tony replied, "It's got no petrol."

"What's your name, son?"

"I am Tony Kapoor. And who are you, sir?"

"Just call me Jagath."

Tony asked, "What do you do Jagath?"

"Now I am a cowherd, but long ago, when people used to write letters, I was a postman."

Jagath went on, "You look much stressed Mr. Kapoor. What's the matter, may I ask?"

"I had a meeting with the director of a German company, and I missed it. I was so concerned whether the deal would work out that I failed to notice, that only a little petrol was left in my car."

"Tell me Mr. Kapoor how much do you earn?"

"About 25 lakh rupees per year."

"I earn about 5000 rupees per year, yet I am less stressed than you are. Can you guess the reason?"

"No"

"You have a high income yet you have no peace of mind. You constantly search for success in every venture you undertake, never realizing that success will come to you if you are busy not looking for it."

As Jagath said this, Tony understood the reason of his stress. Tony also understood the reason as to why he suffered from hypertension, heart disorders and depressions. Tony understood as to why he failed the ventures in which he stressed most.
"Now Tony tell me do you suffer from heart problems and other diseases like diabetes?"
"I do"
"You also take lots of medications, don't you?"
"I do"

"Let me tell you another, modern age's reality. You take costly medicines yet you have poor health. I hardly take any medications, I just roam these green fields in the morning, yet I do not suffer from diabetes or any other disease."

The old man's words struck Tony and he was stunned into silence.

"Tell me Tony, as you were coming by this road, did you notice the various migratory birds sitting on the electric poles, or the herds of cattle grazing in the fields, or the various species of squirrels running up and down the trees?"

#### "No"

"People nowadays don't have time to just sit and stare at the nature's beauty- the simple beauty of the animals and the fields, the beauty of the hills and the forest. No one has time to sit and appreciate this. The people have costly watches but no time.

"So tell me Tony are you successful in life?"

Just as Tony was going to answer a loud horn rang from behind. A car from Kapoor Inc. had come to pick Tony.

As Tony's chauffeur drove the car away, Tony looked back and saw the old man sitting there smiling. Tony couldn't answer the old man's question, but both knew the answer. As Tony drove away he thought about his conversation with the old man. He understood what today's reality was.

Sagnik Banerjee
 X C





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